The Molad: Friday afternoon, 5:06 and 4 portions.
The moon may be sanctified until Shabbos, the 14th, 11:28 a.m.¹

The first day of Rosh Chodesh is on Shabbos Parshas R'eh.
The laws regarding Shabbos Rosh Chodesh are explained in the section on Shabbos Parshas Mikeitz.

We recite the Haftorah for Shabbos Rosh Chodesh (Y'shayahu, chapter 66), and we then add the first and last verses of the Haftorah Machar chodesh (I Shmuel 20:18 and 42).

On this day, we begin reciting Psalm 27, L'David ori, after the Song of the Day in the Morning Service and before Aleinu in the Afternoon Service. (We continue this practice until, and including, Hoshana Rabbah.)

Our custom is to recite only one Mourner's Kaddish after all the psalms (i.e., the Song of the Day, L'David ori, and Barchi nafshi) are recited. Similarly, in the Afternoon Service, only one Mourner's Kaddish is recited after L'David ori and Aleinu.

We recite the fifth chapter of Pirkei Avos following the Afternoon Service.

The second day of Rosh Chodesh is on Sunday.
Every day of this month, we sound the shofar at the end of the Morning Service, with the exception of Shabbos and the day preceding Rosh HaShanah.

Our custom is to sound the series of tekiah-shevarim-teruah-tekiah blasts, then the series tekiah-shevarim-tekiah, and then the series tekiah-teruah-tekiah.

From the second day of Rosh Chodesh Elul until Yom Kippur, in addition to the daily recitation of Psalms according to the monthly cycle, we recite three extra psalms each day (on the first day, Psalms 1-3; on the second, 4-6; etc.). On Yom Kippur itself, we complete the T'hillim, reciting 36 extra psalms: 9

¹. The times for sanctifying the moon are based on Jerusalem Standard Time. One should therefore calculate the time for sanctifying the moon according to his location.
before Kol Nidrei, 9 before going to sleep, 9 after Ma'asaf, and 9 after N'ilah.

If a person did not start this practice on the second day of Rosh Chodesh, he should start on the day he remembers, and then make up for the previous days.²

People who are precise in their observance of the mitzvos have their t'fillin and mezuzos checked during this month, and review carefully their observance of the Torah and its mitzvos, correcting any flaws in their conduct.

**Elul 7, Shabbos Parshas Shoftim.**

We recite the sixth chapter of Pirkei Avos following the Afternoon Service.

**Elul 14, Shabbos Parshas Ki Seitzei.**

The Rebbe instructed that when reading the concluding verse of the Parshah (D’varim 25:19) and when repeating it in Maftir, the word זכר in the phrase עמלק זכר should be read twice: first with a tzeirei (zeicher) and then with a segol (zechzer).

(The Alter Rebbe instructed that the word דכא (D’varim 23:2) in the Torah scroll should be written with an alef at the end, not with a bei.³)

For the Haftorah, we read Rani akarah and Aniyah so’arah (Y’shayahu 54:1-55:5).

We recite the first and second chapters of Pirkei Avos following the Afternoon Service.

**Elul 15, Sunday.**

This day marks the anniversary of the founding of Yeshivas Tomchei Temimim, the Central Lubavitcher Yeshivah, in Lubavitch, in 5657 (1897).

The actual studying of Nigleh and Chassidus began on the 18th of Elul 5657 (1897).

**Elul 18, Wednesday, Chai Elul.**

This day marks the birthday of “the two great luminaries,” the Baal Shem Tov in 5458 (1698) and the Alter Rebbe in 5505 (1745).⁴

**Elul 21, Shabbos Parshas Ki Savo.**

In the Torah reading, it is customary for the reader to raise his voice slightly when reading the verse (D’varim 26:15) Hashkifah mim’on kodsh’cha.⁵

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². *HaYom Yom*, Elul 1.
³. *Sefer HaMinhagim*, p. 62.
⁴. *Sefer HaSichos* 5703, p. 188.
⁵. *See Talmud Y’rushalmi, Maaser Sheni 5:9.*
For the sixth aliya, the reader ascends to the Torah without being called. He recites the blessings before and after the Torah reading.

We recite the third and fourth chapters of Pirkei Avos following the Afternoon Service.

On Motzai Shabbos, we begin the recitation of Slichos immediately after halachic midnight. (Please check your local calendar.) On the following days they are recited shortly before dawn or in the early hours of the morning.

When rising to say Slichos before dawn, one should recite the Morning Blessings and the blessings on the Torah. A person should not recite the blessing Hanosein lasechvi... unless he actually hears a rooster crow. Nor should he recite the blessing She'asah li kol tzviki unless he wears leather shoes. After daybreak, however, these blessings should be recited.

The chazan recites Slichos while robed in a tallis. If he puts it on at night (before dawn), however, he should not recite a blessing.

The Slichos prayers begin with Ashrei and a half-Kaddish, and then follow the prescribed order. We recite the confessional prayer (Ashamnu) only once. We do not prostrate ourselves when reciting the passage Vayomer David el Gad. We say a full Kaddish with Tiskabel.

When a person recites Slichos without a minyan, he should not recite the Thirteen Attributes of Mercy, nor should he recite any of the hymns written in Aramaic, e.g., Machei u'masei.

There are many who follow the custom of fasting on the first day of Slichos.

Elul 28, Shabbos Parshas Nitzavim.

Both the seventh aliya and the Maftir begin at D'varim 30:15.

We recite T'hillim as is customary every Shabbos M'varchim, but do not bless the new month.

(The Alter Rebbe said in the name of the Baal Shem Tov: “Tishrei is blessed by the Holy One, blessed be He, Himself. And with the power of this blessing, the Jews bless the other eleven months of the year.”)

We recite the passage *Av harachamim.*
We recite the fifth and sixth chapters of *Pirkei Avos* following the Afternoon Service.

**On Motzai Shabbos,** we do not say *V'hibi noam* and *V'Atah kadosh.*

**Elul 29, Sunday, Erev Rosh HaShanah 5780.**

This day marks the birthday of the *Tzemach Tzedek,* Rabbi Menachem Mendel, in 5549 (1789).

On this day, even a person in the seven days of the *shiva* mourning may attend the synagogue to recite *S'lichos.*

The *Taanun* supplications are recited in *S'lichos,* but not in the Morning or Afternoon Services.

The *shofar* is not sounded.

After the *Morning Service,* we perform *bataras nedarim,* the release of vows. This should preferably be performed in the presence of a quorum of 10. It is necessary to understand the words one is reading. A person who does not understand the Hebrew should read the passage in his native tongue. (We do not recite the *Seder Nezikin.*)

There are many people who fast on this day. If, however, they encounter a feast associated with a *mitzvah,* they may take part and eat. It is not necessary for them to have this vow released.

We cut our hair and go to the mikvah.

The Rebbe initiated the practice of assisting the needy with the extra expenses for all the festivals of the month of Tishrei.

Before the evening, we put on our festive garments, confident that G-d will miraculously favor us in judgment and look upon us with the attribute of mercy. He alone judges all created beings.

*L'shanah tovah nikaseiv v'neichaseim.*

May we all be inscribed and sealed for a good year, with abundant material and spiritual blessings, including the greatest blessing, the coming of *Moshiach.* Amen!

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7. See Sichas Shabbos Parshas Nitzavim-Vayeilech 5750, sec. 10.